

WAKHTIGA FIRAAQADA DHALINYARADA KVAM (UNG FRITID I KVAM)

Firfircoonda fasaxa

Ee caruurga iyo dhalinyarada Kvam ee ah 11–18 sano (dhashay 2009 ama ka weyn)

Miyaad rabtaa in aad ka qeyb qaadatid mid ama firfircooniyo dhown ah?

Xusuusnow in aad is QORTID ugu dambeyn 3 maalmood ka hor. Firfircooniyyada oo idili BILAA LACAG, haddii aan wax kale la tilmaamin. Isqorista waxa laga sameynaya foomka laga helaayo

www.kvam.kommune.no

Qofku waa in uu Kvam ku leeyahay ciwaan guri si uu uga qeyb qaato firfircoonda. Boosasku way kooban yihiin, markaa waxan istcimaalaynaa nidaamka "cidda soo hormartaa helaysa".

Waxa aan raacaynaa Hay' adda caafimaadka (Folkehelseinstituttet) tilmaamahooda khuseeya ka hortagga faafidda cudurka. Haddii aad xanusanaysid ama calaamadihi xanuunku kaa muuqdaan, ma ka qeybgeli kartid, inkasta oo aad is qortay. Faraha mayr intaanad iman. Ung Fritid waa wadashaqeyn u dhexeya Degmeda Herad, Iskaashiga tabaruca Grannehjelpa iyo Kooxaha tabaruca Degmeda.

Wakhtiga firaaqada dhalinyarada ee toddobaadka 26 iyo 27

Barnaamijka toddobaadka 33 dib baa laga keeni, kala soco bogga Facebook ee Ung Fritid

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Beerta firfircoonda sacaad 11–14

Salaasa–Jimce 23.–26.6

Waxa aan ka buuxinaynaa hoolka Norheimsund **firfircooniyaal BADAN OO XIISO LEH**, maalin kasta toddobaadka 26aad gudahiisa. Cunto fudud baa cid kasta la siinaya.

HINDERLØYPE = ORODKA CAQABADHA, PUTEKRIG = BARKIMO KU DAGAALANKA

GLADIATOR = CIYARTA LEGDINTA & ISWAJIHIDA, STRIKKLØP = XARIG KU ORODKA

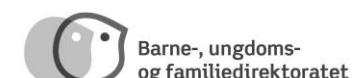
CORNHOLE = TUURYO SHIISHKA, 4 PÅ RAD = CIYARTA 4 ISKU XIGSII

FOTBALLBILJARD = KUBAD-BILJARDED

TUMBLE TÅRN = DAARTA LIQLIQANAYSA

BIGG BUZZER = CIYARTA BADHIN TAABASHADA

Iyo qaar kale oo badan



Shineemoda Kvam saacad 20: Bad Boys For Life

Jimce 26.6

Actionkomedie ay matelayaan Will Smith iyo Martin Lawrence. Waay soo noqdeen markii ugu dambeysey si ay Sharciga iyo kala dambeynta u toosiyaan. Salool iyo sharaab ayaa dhamaan cikasta helaysaa! Xadka da' da daawan karta 15 sano.

Aqoon isweydaarsi Hiphop

Salaasa iyo arbaca 30.6–1.7

2-maalmood oo aqoon isweydaarsi ah oo Henrik Nordin oo ka socda Bergen Dansesenter uu qabanaayo. Saacaddu markay tahay 11–1430 labada maalmoodba kana dhacaaya hoolka ciyarta ee Kulturskulen. Soo qaado "kabaha gudaha" ee aan siibanayn. Cunto fudud baa la wada cunayaa.

Maalinta qoyska saacad 11–15

Arbaca 1.7

Ka dhaceysaa Hardanger Fartøyvernssenter. Firfircooniyo fara badan oo ka dhacaaya agagaarka biyyaha, oo qoyska oo dhan loogu talogalay. Cunto fudud baa la wada cunayaa.

Baaskeelka buruta

Khamiis iyo Jimce 2.–3.7

2-maalmood oo koorsu ah oo uu bixinaayo **Gaute Ulltang Johannes Neteland**. Saacad 1030–1600 labada maalmoodba. Waxan ku kulmaynaa Ungdomsbansen. Cid kasta **WAA IN** ay soo **qaadato baaskeelad iyo kuufyadda baaskeeladda**. Cunto ayeynu dubanaynaa.

LAN-party saacad 20–08.

Jimce–Sabi 3.–4.7

Ka dhaceysa Dugsiga dhexe ee Kvam cidda da' doodu tahay 13 sano (Deyrta/haustiga bilaabaaya Dugsiga dhexe) iyo cidda ka weynba. SOO QAADO QALABKAAGA GAARKA AH (KOMBIYUTARKA IYO XARKA MUHIIMKA AH OO DHAN, KUWA AADKA U DHEER), kaalay oo ciyaar! Cunto yar iyo cabitaan aaya la qeybinayaa. Adna soo qaado "macmacaan".

Haddii aad u baahantahay in lagu soo qaado, sheeg markad isqorayso.

Xasuuso in aad iska DIIWAANGELISID 3 maalmood ka hor, adiga oo iska diiwaangelinaaya Degmeda Kvam boggooda internetta